Life at Your Command #2 (set up so that it automatically turns on in 5 days.)

Life at Your Command Header

Asara Welcome video to come

**Life at Your Command** reveals brand new knowledge on how your mind, brain and intelligence can work together to stop a negative thought in a moment while you simultaneously create a program of success right in your brain and your biology even down to your DNA.

**Here is what a participant in the military reported.**

*“I was only able to practice this with my wife via Skype as I am currently in a pretty remote part of the Middle East with limited resources (and very limited internet!) so I sent her the attachment to the paper steps and she printed them off.*

*She did the exercise twice as I verbally guided her through the steps (she's done it a few times already now. She liked the idea of "walking through" the steps and said the sequence "stuck" with her as a result.)”*

***And Amanda said****,” I took my partner through the 6 Step process twice. Before starting the process, we sat down and put together commands based on what we wanted to show up in each of our lives.*

*My experience was, after grounding to mother earth, as I was being guided to Align, my feet didn't want to move. They felt like lead. Eventually I moved to step 2 Align. My partner experienced in his words Nirvana once he was in Theta. He said it was the first time this had happened since he'd been One Commanding. “*

**Life at Your Command** has been designed for you to tap into the undiscovered power you have right within you for a truly great way to live. It takes The One Command from theory into a trusted tool to deal with adversity, develop new strategies and skill sets, and to empower you to create the life you know you were meant to live.

In other words, the process of The One Command is real and can make real change in any area of your life…and will increase your capacity for positive results, to live a more peaceful, relaxed and joyful life, to have better health, and to increase your cash flow and business success.

By now you have visited The 7 Keys to Your Wild Success and Pod 1 of The Foundation Course that explains the background and science of how and why you have unlimited potential for creating your life by your Command.

We also have invited you to look at your highest values of what you want in your life and to ask yourself what fears, regrets and concerns you can let go to be living those values right now.

To link IN the Foundation Course here is where you’ll find the MP3’s

MP3 Foundation Course – Brain Waves Pod 2 (audioacrobat.com foundation Folder #1376)

MP3 Foundation Course – Your Rich Success Pod 3  
(audioacrobat.com foundation Folder #1377)

Now you are ready to Click on The Foundation Course Pod 2 and the Pod 3 on the side bar to engage in your greatest abilities of thinking while in theta.

In the Foundation Course Pod 2 you’ll discover the Brain Waves of Your Secret Power Revealed and see the…..

Difference between the logical beta mind and   
the extraordinary theta mind  
The Unique and powerful properties of theta mind

How you can heighten your intuition  
Why new Ideas spring forward

And to have Access to the power of you again and again

And in Pod 3 you’ll learn the actual 6–Step process for making great change easily.

The One Command Process  
 3 Parts to The One Command  
 Conscious, Subconscious and Superconscious   
 6 Steps to theta  
 Formatting Your Command

Now you can PRINT OUT the Six Step PDF and can get with a partner or friend and walk through the Commands. We also have provided a PDF to help you Form Your Command.

Also we highly recommend that you view the MP4 Animated video of the 6-Step Process so you’ll clearly see how to go through the papers.

And you can listen to the MP3 - Six Steps to Make Your Commands - and be guided through the process by yourself as often as you want to make a Command.

To save MP3 audio and PDF files to your computer “Right Click” the images or links below. Videos can only be viewed in your learning lab. In Chrome & FireFox choose “Save Link As”, Internet Explorer choose “Save Target As”, Safari choose “Download Linked File As”. “If you are using Internet Explorer version 8 or lower you may experience problems and should update your browser or consider using Google Chrome or Firefox browsers“. Should you have any questions you can reach us through the contact link in the menu above or [here](http://courses.successbyyourcommand.com/the-power-to-command/contact).

PDF The Six Step Process (Print and place steps on the floor Horizontally)

PDF Simple Format to Create Your Command

MP3 Six Steps to Make Your Commands (AA1394 use search bar)

MP4 Animated Video Six Step Process ( Wistia.com – Meeting the One Command Folder pg 2 6 Steps video)

**In a few days you’ll receive two powerful programs**.   
Pod #4 of The Foundation course that explains ….

How Your Success Arrives  
 Make change for success easily  
 Specific formula for change   
 Meet yourself in the moment  
 and Right timing for right results

**And a super Bonus video of the 3 Reasons You Must Be Rich**

See you there.

Warmly yours,

Asara Lovejoy and The One Command Team

At Any time you can up grade to the Mastery at Your Command Home Study Course that includes everything you receive here in the FREE course Life at Your Command PLUS five areas of your Mastery; Rich Wealth, Quantum Field Intuition and Skills, Personal & Business Success, Love and Relationships, and Health and Healing. Get started right now developing you full potential Mastery.

Click here to upgrade To Mastery at Your Command.

If you need help of any kind don’t hesitate to contact us at clientcare@successbyyourcommand.com or call (855) 862-4636 (TOC-INFO) right away for any technical help or to answer any questions.